

Mechanical specifications

full page

trim area	285mm (h)	x 220mm (w)
bleed area	293mm (h)	x 228mm (w) (+4mm)

DPS

trim area	285mm (h)	x 440mm (w)
bleed area	293mm (h)	x 448mm (w) (+4mm)

allow for gutter

copy

The following formats are accepted:

- Press-optimised PDFs
- DTP files (conventional programs such as QuarkXpress, InDesign, Pagemaker) with all supporting graphic files and fonts

Images should be saved at a minimum of 300 dpi. Please include 4mm bleed and crop marks. We advise you to also supply a colour-accurate proof.

send via

post on disk to Kava Media Ltd, PO Box 23,
Dursley, Glos, GL11 5WA, UK

ftp server [ftp.kavamedia.co.uk](ftp://ftp.kavamedia.co.uk)
user name *kamediac* password CONTACT US
e christine@kavamedia.com t +44 (0)1453 861393

email copy@kavamedia.com
(20Mb max attachment per message)

copy deadlines 2006

May issue
20 March 06

July issue
22 May 06

October issue
21 August 06

January 07
issue
23 October 06